

# Chiropractic Fires Up Your Life!



A chain reaction occurs when a small event ignites a reaction nearby, setting off another reaction, then another, until it produces an ultimate result. Getting your health back with Chiropractic care happens in a similar way.

Chiropractors start the process with a small event called an **Adjustment**. Spinal adjustments restore a state of **Ease** in your nerve system which ignites **Healing**. Over **Time** your body's internal **Functions** light up and you experience **Benefits** like stronger immunity, deeper sleep, greater physical performance and a confident sense of well being. The ultimate thing that lights up is your **LIFE**.

The goal of Chiropractic is to ignite Life within you so you can regain your health, fulfill your purpose and bring more joy to those around you. Staying 'lit up' with regular Chiropractic care is one of the best gifts you can give yourself and those you love the most.

The  
**Weekly Sticky**<sup>TM</sup> Brought to you by

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